

ORTHOSPORT PHYSICAL THERAPY

Dry Needling and Cupping Consent Form

Dry needling (DN)

DN is a technique that involves the insertion of acupuncture needles into the soft tissues of the Musculoskeletal system as a means to promote healing within the body. Treatment techniques are based on concepts of modern medicine and should not be considered acupuncture. Risk of injury is real and potential complications could result from DN if proper precautions are not observed.

Pneumothorax could result from insertion of a needle into lung tissue, if DN is practiced properly, threat of pneumothorax is extremely low.

Other complications that could result from DN are bleeding, bruising, infection or nerve injury.

During a DN treatment you may experience temporary pain, sweating, nausea, anxiety, dizziness, pain referral or muscle twitch.

After a DN treatment you may experience temporary muscle soreness, muscle tightness, paresthesia or joint stiffness.

Cupping

Cupping is a technique that utilizes negative pressure to stretch superficial structures in the human body, including skin, fascia and muscle tissue. The purpose of this technique is to increase microcirculation of the aforementioned soft tissue structures to enhance the healing process in the human body. Cupping will cause bruising and temporary marks on the skin. More severe complications could result in blistering of the skin.

Contraindications to DN and cupping:

Vascular disease
Bleeding or clotting disorder
Taking blood thinners
Diabetics with significant sensory and/or circulation disorders
Pregnancy
Skin cancer (over affected area)

Do you have any disease or infection that can be transmitted through bodily fluids? Yes_____ No_____

I have read the above, and I understand the risks involved with dry needling and cupping. I have been given the opportunity to ask any questions, and all of my questions have been answered.

I consent to treatment at OrthoSport Physical Therapy, including dry needling and/or cupping.

Print Name_____ Date_____

Signature_____